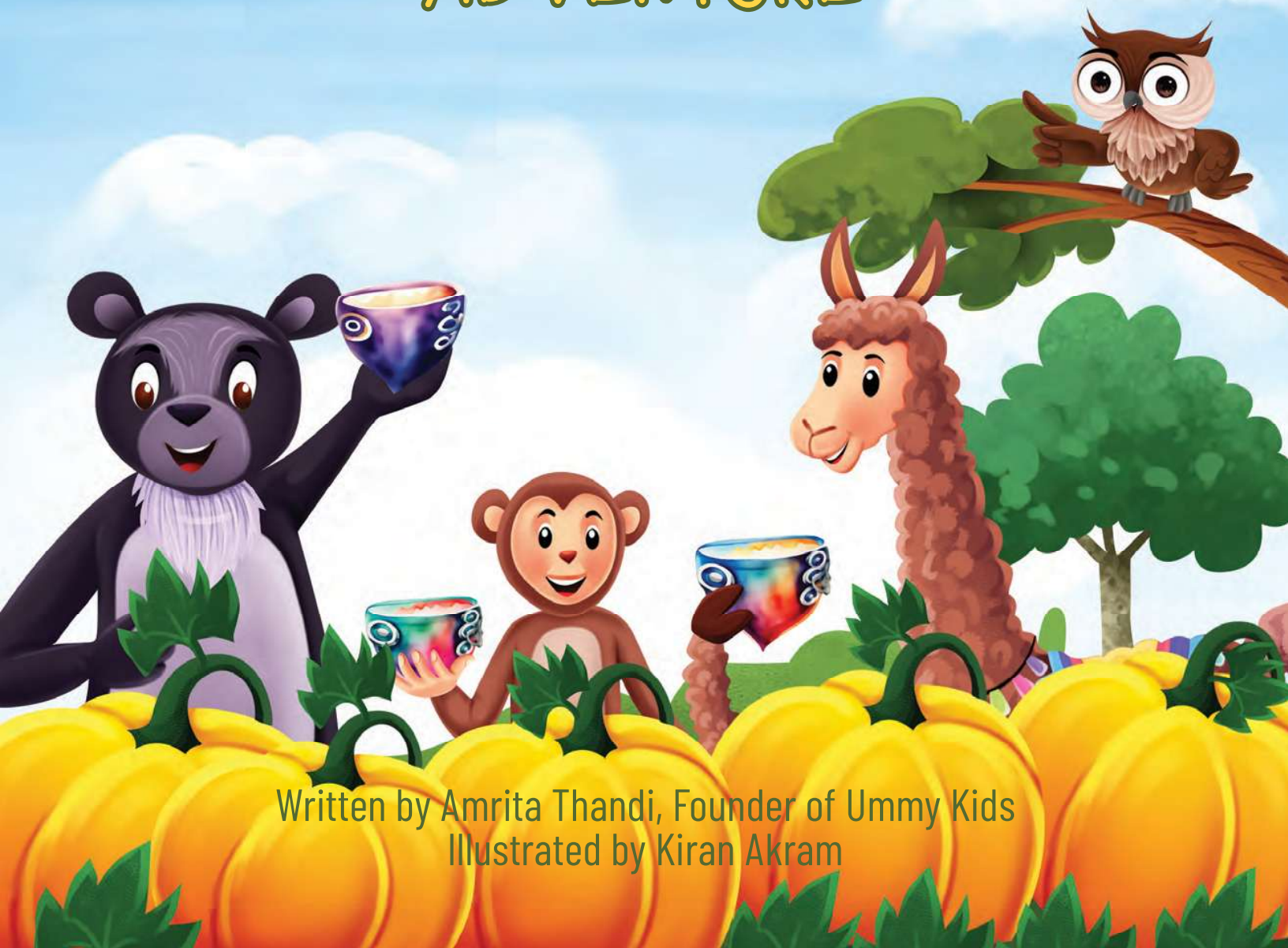




THE MAGICAL SUPERFOOD ADVENTURE



Written by Amrita Thandi, Founder of Ummy Kids
Illustrated by Kiran Akram

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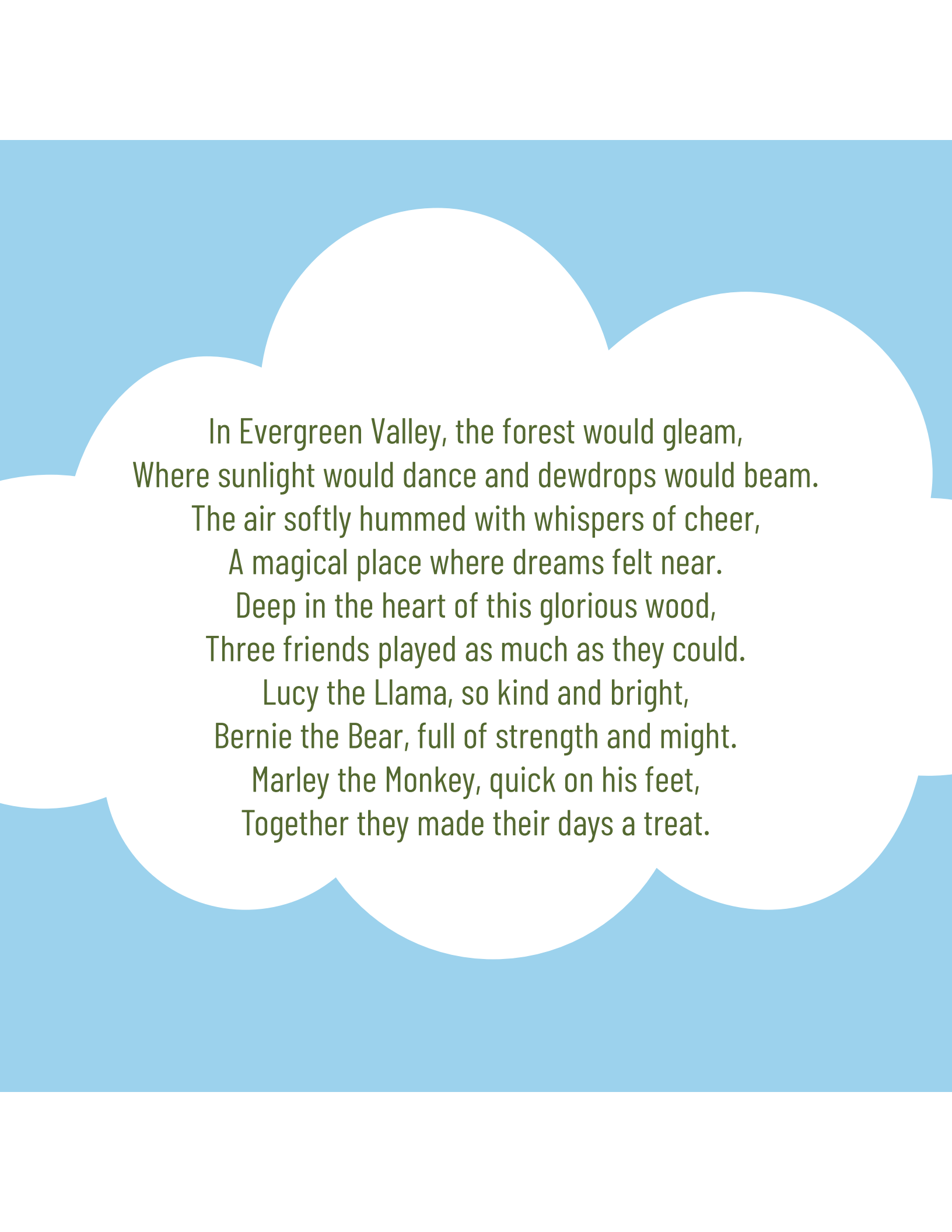
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Beloved Ariya,
May you discover the magic and adventure that reflects the pureness
in your warm heart. This story honors your adventurous spirit, healthy
choices, and the joy you bring to our lives. We 'love you more than
anything in the whole wide world!'

Dearest Nassim,
May your journey be filled with boundless adventures, laughter,
friendships, and all the extraordinary experiences this world has to
offer! This story is for you- you are held close in our hearts, loved
deeply, and thought of always!

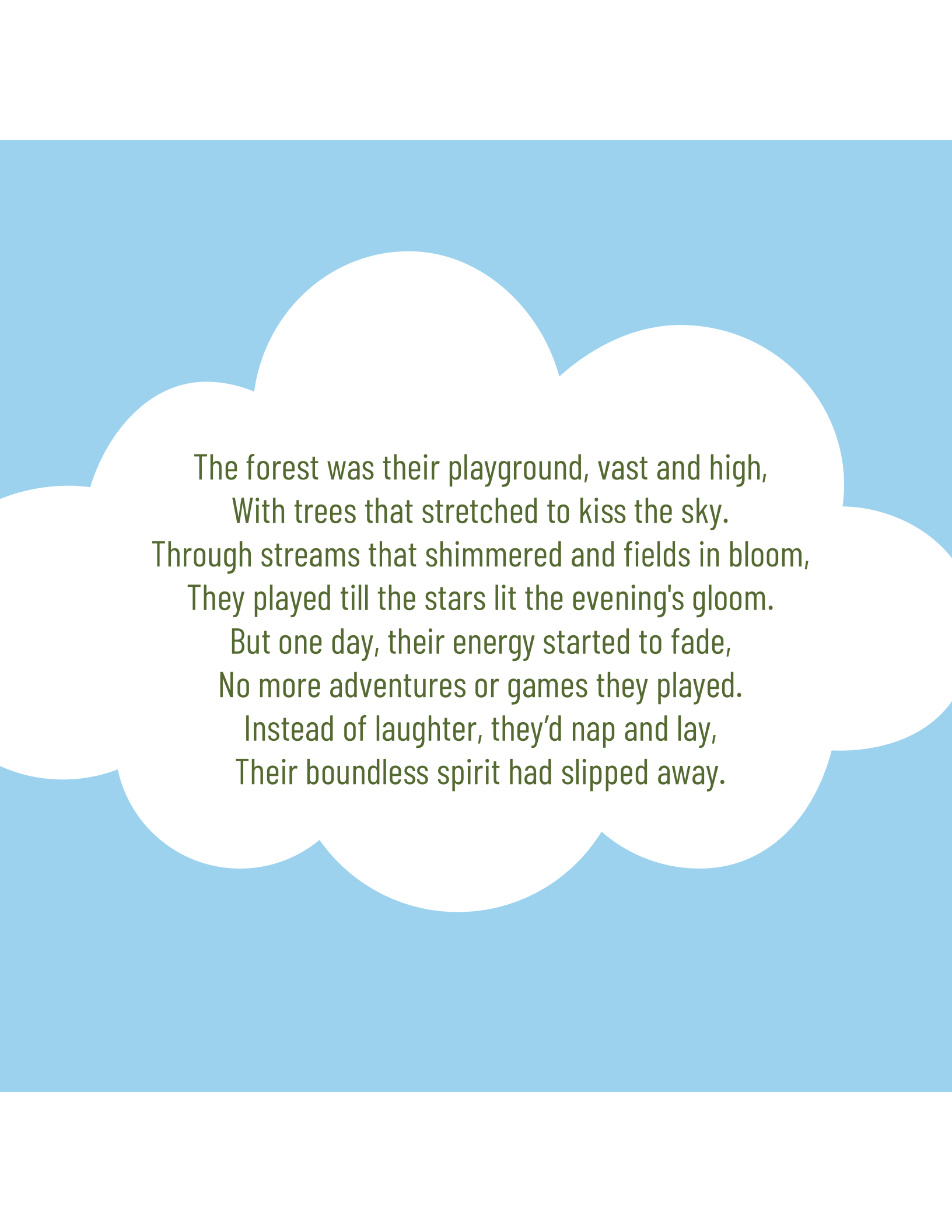
THE MAGICAL SUPERFOOD ADVENTURE

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In Evergreen Valley, the forest would gleam,
Where sunlight would dance and dewdrops would beam.
The air softly hummed with whispers of cheer,
A magical place where dreams felt near.
Deep in the heart of this glorious wood,
Three friends played as much as they could.
Lucy the Llama, so kind and bright,
Bernie the Bear, full of strength and might.
Marley the Monkey, quick on his feet,
Together they made their days a treat.





The forest was their playground, vast and high,
With trees that stretched to kiss the sky.
Through streams that shimmered and fields in bloom,
They played till the stars lit the evening's gloom.
But one day, their energy started to fade,
No more adventures or games they played.
Instead of laughter, they'd nap and lay,
Their boundless spirit had slipped away.